

Lunch Menu

Port Jefferson Edna Louise Spear Elementary

May 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



4 Cheesy Stuffed Bread Sticks
With Marinara Sauce
Or Not-A-Nut Butter & Jelly Sandwich
Cauliflower Popcorn
Cucumber Coins
Fresh NY Local Apple



5 Soft Tacos
Or Yogurt, Cereal, Cheese Stick & Roll
Steamed Carrots
Chilled Red Pepper Strips
Fresh Pear
Cinnamon Applesauce

6 Fluffy Whole Grain Waffles
Or French Toast
All With Ham
Sweet Potato Fries
Cucumber Coins
Fresh Orange
Mixed Fruit



7 Crispy Popcorn Chicken
Or BBQ Chicken Sauce & Toss
Baked Beans
Oven Baked Fries
Diced Peaches
Fresh NY Local Apple



1 Classic Cheese Pizza
Or Pepperoni Pizza
Sauteed Spinach
Cucumber Coins
Fresh Banana
Cinnamon Applesauce

11 Mozzarella Sticks
With Marinara Sauce Dip
Or Grilled Cheese Sandwich
Meltdown Café
Sweet Corn
Cucumber Coins
Fresh NY Local Apple
Cinnamon Applesauce



12 Chicken Nuggets
Or Pizza Bagel
Steamed Carrots
Chilled Red Pepper Strips
Fresh Orange
Diced Pear Cup

13 Homemade Mac & Cheese
Or Crispy Chicken Sandwich
Steamed Carrots
Cucumber Coins
Mixed Fruit
Fresh Orange



14 Beef Hot Dog on Bun
Or Crispy Popcorn Chicken
Black Beans
Oven Baked Fries
Mixed Fruit
Fresh NY Local Apple

15 Classic Cheese Pizza
Or Pepperoni Pizza
Steamed Broccoli
Caesar Salad
Fresh Banana
Diced Pear Cup

National Pizza Party Day

18 Cheesy Stuffed Bread Sticks
With Marinara Sauce Dip
Or Not-A-Nut Butter & Jelly Sandwich
Sweet Corn
Cucumber Coins
Mixed Fruit
Fresh NY Local Apple



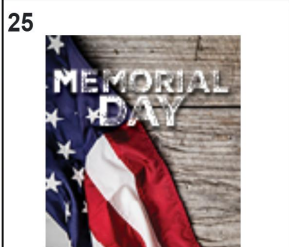
19 Chicken Nuggets
With WG Honey Bear
Graham Crackers
Or Cheeseburger
Glazed Carrots
Chilled Red Pepper Strips
Fresh Pear
Diced Peaches



20 Homemade Mac & Cheese
Or Yogurt Lunch
Steamed Carrots
Cucumber Coins
Fresh Orange
Diced Pear Cup

21 BBQ Chicken Sauce & Toss
Or Crispy Popcorn Chicken
With Dinner Rolls
Baked Beans
Potato Puffs
Fresh NY Local Apple
Strawberries

22 Classic Cheese Pizza
Or Pepperoni Pizza
Steamed Broccoli
Caesar Salad
Fresh Banana
Fresh NY Local Apple



26 Chicken Nuggets
With WG Honey Bear
Graham Crackers
Or Two Cheese Quesadilla
Steamed Carrots
Chilled Red Pepper Strips
Fresh Orange
Diced Pear Cup

27 **SCHOOL CLOSED TODAY**

28 Crispy Popcorn Chicken
Or Cheeseburger
Baked Beans
Oven Baked Fries
Diced Peaches
Fresh NY Local Apple

29 Classic Cheese Pizza
Or Pepperoni Pizza
Steamed Broccoli
Caesar Salad
Fresh Banana
Diced Pear Cup

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Price
Free - \$0.00
Reduced -\$0.00
Paid - \$0.00

Available Daily Sun Butter & Jelly, or Cheese Sandwich, Bagel Lunch, Yogurt Lunch, or Cereal Lunch
Lunches include Vegetable choice, Fruit or Fruit juice choice and Milk choice FF Chocolate milk or 1%

