

Breakfast Menu

Port Jefferson Edna Louise Spear Elementary

May
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM


Monday


Tuesday

Wednesday

Thursday


Friday



4 WW Honey Bun 
Apple Slices
100% Apple Juice
Unflavored 1% Milk



5 Mini Chocolate Chip French Toast
Fresh Banana
100% Apple Juice
Unflavored 1% Milk




6 Egg and Cheese Sandwich 
Fresh Banana
100% Apple Juice
Unflavored 1% Milk

7 Homemade Chocolate Chip Muffins  
Sliced Oranges
100% Apple Juice
Unflavored 1% Milk

8 WG Donut Bites 
Fresh NY Local Apple
100% Apple Juice
Unflavored 1% Milk





11 WG Double Chocolate Chip Muffin 
Apple Slices
100% Apple Juice
Unflavored 1% Milk




12 Strawberry Pop Tart
Apple Slices
100% Apple Juice
Unflavored 1% Milk


13 NY Fruity Yogurt Parfait with Graham Crackers 
Fresh Banana
100% Apple Juice
Unflavored 1% Milk



14 Homemade Chocolate Chip Muffins  
Sliced Oranges
100% Apple Juice
Unflavored 1% Milk

15 Egg and Cheese Sandwich 
Fresh NY Local Apple
100% Apple Juice
Unflavored 1% Milk

18 WW Honey Bun 
Apple Slices
100% Apple Juice
Unflavored 1% Milk


19 Fluffy Whole Grain Waffles 
Apple Slices
100% Apple Juice
Unflavored 1% Milk


20 Egg and Cheese Sandwich 
Fresh Banana
100% Apple Juice
Unflavored 1% Milk

21 Homemade Chocolate Chip Muffins  
Sliced Oranges
100% Apple Juice
Unflavored 1% Milk


22 WG Donut Bites 
Fresh NY Local Apple
100% Apple Juice
Unflavored 1% Milk



25



26 Cocoa Puffs-Trix Cereal Scramble 
Fresh Banana
100% Apple Juice
Unflavored 1% Milk

27



28 Homemade Chocolate Chip Muffins  
Sliced Oranges
100% Apple Juice
Unflavored 1% Milk

29 WG Donut Bites 
Fresh NY Local Apple
100% Apple Juice
Unflavored 1% Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Paid \$0.00

Free \$0.00

Reduced \$0.00

Daily Breakfast Offerings

Fresh Daily WG Bagels with Cream cheese or Butter

WG Reduced Sugar Cereals served with a cheese stick

Fresh Fruit daily at breakfast

All meals served with Milk: 1%White,Fat Free White (all antibiotic and hormone free)

