

Lunch Menu

Port Jefferson MS

March
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



4 Homemade Mac & Cheese
Cauliflower Popcorn
Cucumber Coins
Fresh NY Local Apple
Fresh Banana



5 Mission Burrito
Orange Glazed Carrots
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Peach Cup

6 Meatball Hero
Steamed Carrots
Sweet Potato Fries
Fresh Orange
Mixed Fruit

7 General Tso's Chicken
Cinnamon & Honey
Roasted Beans
Oven Baked Fries
Fresh NY Local Apple
Diced Pear Cup

8 Homemade Baked Pasta with Cheese
Caesar Salad
Fresh Baby Carrots
Fresh Banana
Applesauce

11 Cheesy Stuffed Bread Sticks
Or Strawberry Banana Smoothie
Sweet Corn
Cucumber Coins
Fresh NY Local Apple



12 Nachos Grande
Chilled Red Pepper Strips
Sautéed Corn & Black Bean Salsa
Fresh NY Local Apple
Diced Peach Cup



13 Grilled Cheese Sandwich
Or Buffalo Chicken Pizza
Steamed Carrots
Sweet Potato Fries
Mixed Fruit
Fresh Orange

14 Chicken Nuggets With Dinner Rolls
Cinnamon & Honey
Roasted Beans
Oven Baked Fries
Apple Slices
Diced Pear Cup

15 Homemade Pasta & Broccoli with Garlic & Oil
Garden Salad
Fresh Baby Carrots
Applesauce
Fresh Banana

18 Homemade Mac & Cheese
Sweet Corn
Oven Baked Fries
Fresh NY Local Apple
Diced Pear Cup



19 Soft Tacos
Oven Baked Fries
Fresh Baby Carrots
Fresh Banana
Diced Peach Cup

20 Smokehouse Burger
Or Homemade Beef Burger
Sweet Potato Fries
Fresh Orange
Mixed Fruit
Steamed Carrots



21 BBQ Chicken Sauce & Toss
Or Chicken Caesar Wrap
Oven Baked Fries
Cinnamon & Honey
Roasted Beans
Fresh NY Local Apple
Diced Pear Cup

22 Homemade Baked Pasta with Cheese
Caesar Salad
Fresh Baby Carrots
Fresh Banana
Applesauce

25 Cheesy Stuffed Bread Sticks
Oven Baked Fries
Sweet Corn
Fresh NY Local Apple



26 Mission Burrito
Orange Glazed Carrots
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Peach Cup

27 Mozzarella Sticks
Or Veggaböl BBQ Chickpea Rice Bowl
Sweet Potato Fries
Fresh Orange
Mixed Fruit
Steamed Carrots

28 Chicken Nuggets With Dinner Rolls
Cinnamon & Honey
Roasted Beans
Crispy Potato Puffs
Fresh NY Local Apple
Diced Pear Cup

29 SCHOOL CLOSED TODAY

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Food Service Office
631-791-4485
Free \$0.00
Reduced \$0.00
Paid \$3.95

Lunch includes protein ,grain ,vegetable ,fruit and milk choice:
Available Daily
Ham& Cheese or Turkey & Cheese Sandwich ,Hamburger,
Cheeseburger ,Chicken Patty, Bagel Lunch with 2oz cheese stick
, Pizza, Smoothies, and Yogurt Parfait

