

Lunch Menu

Port Jefferson Edna Louise Spear Elementary

**March
2024**

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday



Friday

4 Cheesy Stuffed Bread Sticks 
With Marinara Sauce
Cauliflower Popcorn
Cucumber Coins
Fresh NY Local Apple



5 Nachos Grande
Steamed Carrots
Chilled Red Pepper Strips
Fresh Pear
Cinnamon Applesauce



6 Egg and Cheese Sandwich 
With Ham
Or Grilled Cheese Sandwich 
Sweet Potato Fries
Cucumber Coins
Fresh Orange
Mixed Fruit



7 Crispy Popcorn Chicken
Or BBQ Chicken Sauce & Toss
Cinnamon & Honey
Roasted Beans
Oven Baked Fries
Diced Peaches
Fresh NY Local Apple




8 Classic Cheese Pizza 
Caesar Salad
Steamed Broccoli
Fresh Banana
Cinnamon Applesauce



11 Homemade Mac & Cheese 
Sweet Corn
Fresh Baby Carrots
Fresh NY Local Apple
Cinnamon Applesauce



12 Chicken Nuggets
Or Cheeseburger
Steamed Carrots
Chilled Red Pepper Strips
Fresh Orange
Diced Pear Cup

13 Fluffy Whole Grain Pancakes 
With Turkey Sausage Patty
Sweet Potato Fries
Cucumber Coins
Mixed Fruit
Fresh Orange



14 Beef Hot Dog on Bun
Or Crispy Popcorn Chicken
Cinnamon & Honey
Roasted Beans
Oven Baked Fries
Mixed Fruit
Fresh NY Local Apple

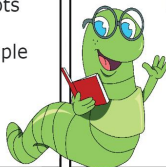
Lucky Tray Day!

15 Classic Cheese Pizza 
Steamed Broccoli
Caesar Salad
Fresh Banana
Diced Pear Cup

18 Cheesy Stuffed Bread Sticks 
With Marinara Sauce
Cauliflower Popcorn
Fresh Baby Carrots
Mixed Fruit
Fresh NY Local Apple



19 Nachos Grande
Glazed Carrots
Chilled Red Pepper Strips
Fresh Pear
Diced Peaches



20 Whole Grain Waffles with Ham 
Sweet Potato Fries
Cucumber Coins
Fresh Orange
Diced Pear Cup





21 Crispy Popcorn Chicken
With Dinner Rolls
Cinnamon & Honey
Roasted Beans
Potato Puffs
Fresh NY Local Apple
Diced Peach Cup

22 Classic Cheese Pizza 
Steamed Broccoli
Caesar Salad
Fresh Banana
Fresh NY Local Apple

25 Homemade Mac & Cheese 
Sweet Corn
Fresh Baby Carrots
Fresh NY Local Apple
Cinnamon Applesauce



26 Chicken Nuggets
Or Pizza Bagel 
Steamed Carrots
Chilled Red Pepper Strips
Fresh Pear
Cinnamon Applesauce

27 Fluffy Whole Grain Pancakes 
With Turkey Sausage Patty
Sweet Potato Fries
Cucumber Coins
Mixed Fruit
Fresh Orange



28 Beef Hot Dog on Bun
Or Crispy Popcorn Chicken
Cinnamon & Honey
Roasted Beans
Oven Baked Fries
Mixed Fruit
Fresh NY Local Apple

29 **SCHOOL
CLOSED
TODAY**

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Price
Free - \$0.00
Reduced -\$0.00
Paid - \$3.75

Available Daily
Turkey & Cheese, or Cheese Sandwich, Bagel Lunch, Yogurt Lunch,
Lunches include Vegetable choice, Fruit or Fruit juice choice and Milk choice FF Chocolate milk or 1%

