

# Breakfast Menu

Port Jefferson Edna Louise Spear Elementary

March 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

2 WG Double Chocolate Chip Muffin   
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk

3 Mini Confetti Pancakes  
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk

4 Egg and Cheese Sandwich   
Fresh Banana  
100% Apple Juice  
Unflavored 1% Milk

5 Homemade Chocolate Chip Muffins   
Sliced Oranges   
100% Apple Juice  
Unflavored 1% Milk

6 Mini Blueberry Bash Waffles   
Fresh NY Local Apple  
Unflavored 1% Milk  
100% Apple Juice

# National School Breakfast Week

9 WW Honey Bun   
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk

10 Whole Grain French Toast Slices  
Fresh Banana  
100% Apple Juice  
Unflavored 1% Milk

11 Egg and Cheese Sandwich   
Fresh Banana  
100% Apple Juice  
Unflavored 1% Milk

12 Homemade Chocolate Chip Muffins   
Sliced Oranges   
100% Apple Juice  
Unflavored 1% Milk

13 WG Donut Bites   
Fresh NY Local Apple  
100% Apple Juice  
Unflavored 1% Milk



16 WG Double Chocolate Chip Muffin   
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk

17 Strawberry Pop Tart  
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk



18 NY Fruity Yogurt Parfait with Graham Crackers   
Fresh Banana  
100% Apple Juice  
Unflavored 1% Milk

19 Homemade Chocolate Chip Muffins   
Sliced Oranges   
100% Apple Juice  
Unflavored 1% Milk

**SCHOOL CLOSED TODAY**

23 WW Honey Bun   
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk

24 Fluffy Whole Grain Waffles   
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk



25 Egg and Cheese Sandwich   
Fresh Banana  
100% Apple Juice  
Unflavored 1% Milk

26 Homemade Chocolate Chip Muffins   
Sliced Oranges   
100% Apple Juice  
Unflavored 1% Milk

27 WG Donut Bites   
Fresh NY Local Apple  
100% Apple Juice  
Unflavored 1% Milk

30 WW Honey Bun   
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk

31 Mini Confetti Pancakes  
Apple Slices  
100% Apple Juice  
Unflavored 1% Milk

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



**Paid \$0.00**

**Free \$0.00**

**Reduced \$0.00**

Daily Breakfast Offerings

Fresh Daily WG Bagels with Cream cheese or Butter

WG Reduced Sugar Cereals served with a cheese stick

Fresh Fruit daily at breakfast

All meals served with Milk: 1%White,Fat Free White (all antibiotic and hormone free)

