

Lunch Menu

Port Jefferson Earl L Vandermeulen HS

February 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Homemade Mac & Cheese
Cauliflower Popcorn
Cucumber Coins
Fresh NY Local Apple
Fresh Banana

MEATLESS MONDAY

Pride in Food Service Week

6 Incredibowls General Tso's Chicken
Orange Glazed Carrots
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Peaches

National Chopsticks Day

7 Homemade Veggie & Cheese Stromboli
Or Homemade Chicken & Cheese Stromboli
Sweet Potato Fries
Apple Slices
Fresh Orange

HARVEST of the month peppers

1 Mozzarella Sticks
Or Spicy Chicken Sandwich
Black Beans
Fresh NY Local Apple
Diced Pear Cup

PRIDE OF NEW YORK

2 Pasta with Chicken & Sautéed Broccoli
Or NY Fruity Yogurt Parfait with Granola
Caesar Salad
Fresh Baby Carrots
Fresh NY Local Apple
Diced Peaches

12 Cheesy Stuffed Bread Sticks
With Marinara Sauce Dip
Sweet Corn
Cucumber Coins
Fresh NY Local Apple
Mixed Fruit

MEATLESS MONDAY

100th Day of School

13 Whole Grain Pancakes with Sausage
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Peach Cup

MARDI GRAS

14 Homemade Roasted Pepper & Chicken with Pasta
Lemon Carrots
Fresh NY Local Apple
Mixed Fruit

VALENTINE'S DAY

15 Crispy Popcorn Chicken
Crispy Potato Puffs
Black Beans
Apple Slices
Diced Pear Cup

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16 Pizza Bagel
Or Chicken Caesar Salad
Fresh Baby Carrots
Fresh Banana
Applesauce

19 **PRESIDENT'S DAY**

20 **SCHOOL CLOSED TODAY**

21 **SCHOOL CLOSED TODAY**

22 **SCHOOL CLOSED TODAY**

23 **SCHOOL CLOSED TODAY**

26 Cheesy Stuffed Bread Sticks
Or Strawberry Banana Smoothie
Sweet Corn
Fresh NY Local Apple
Fresh Banana

MEATLESS MONDAY

27 Soft Tacos
Or Veggabot Taco Bean Tortilla Bowl
Orange Glazed Carrots
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Peach Cup

28 Philly Cheese Steak
Crispy Potato Puffs
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Peach Cup

29 Honeyfire Kitchen Chicken Sandwich
Or BLT Burger
Oven Baked Fries
Black Beans
Fresh NY Local Apple
Diced Pear Cup

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Food Service Office
631-791-4485
Free \$0.00
Reduced \$0.00
Paid \$3.85

Lunch includes protein, grain, vegetable, fruit and milk choice:
Available Daily
Ham & Cheese & Turkey & Cheese Sandwich, Hamburger, Cheeseburger, Chicken Patty, Bagel Lunch with 2oz cheese stick
Chicken Salad or Garden Salad w/2 dinner rolls, Pizza, Paninis, Asst. Wraps, Smoothies, and Yogurt Parfait

