

Lunch Menu

Port Jefferson MS

April
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1

**SCHOOL
CLOSED
TODAY**

2

Nachos Grande 🍌
Fresh Baby Carrots
Sauteed Corn & Black Bean
Salsa
Fresh Banana
Diced Peach Cup

3

Smokehouse Burger 🍌
Or Veggaböl BBQ Chickpea
Rice Bowl 🌱 🍌 🍌
Sweet Potato Fries
Fresh Orange
Mixed Fruit



4

Mission Burrito 🍌 🌱
Or Spicy Chicken Sandwich
Black Beans
Oven Baked Fries
Fresh NY Local Apple
Diced Pear Cup



5

Chicken Parm "Poppers"
Over Pasta 🍌
Sauteed Spinach
Caesar Salad
Fresh NY Local Apple
Fresh Banana



8

Homemade Mac & Cheese 🌱 🍌
Cauliflower Popcorn
Cucumber Coins
Fresh NY Local Apple
Cheese Panini 🌱



9

Soft Tacos
Orange Glazed Carrots
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Peach Cup

10

Mozzarella Sticks 🌱
With Marinara Sauce Dip
Sweet Potato Fries
Fresh Orange
Mixed Fruit

11

General Tso's Chicken 🍌
With Pasta
Black Beans
Oven Baked Fries
Fresh NY Local Apple
Diced Pear Cup

12

Two Cheese Grilled Cheese 🌱
Or French Bread Pizza 🌱
Caesar Salad
Fresh Baby Carrots
Applesauce

15

Cheesy Stuffed Bread
Sticks 🌱
Or Strawberry Banana
Smoothie 🍌
Sweet Corn
Cucumber Coins
Fresh NY Local Apple



16

Chicken Nuggets
Or Egg and Cheese
Sandwich 🌱
Crispy Potato Puffs
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Peach Cup

17

Meatball Sandwich
Or NY Yogurt, Peach &
Granola Parfait 🍌 🍌
Sweet Potato Fries
Mixed Fruit
Fresh Orange

18

Crispy Popcorn Chicken
With Dinner Rolls
Baked Beans
Oven Baked Fries
Apple Slices
Diced Pear Cup

19

**SCHOOL
CLOSED
TODAY**

22

**SPRING
BREAK!
SCHOOL
CLOSED**

23



24

**SPRING
BREAK!
SCHOOL
CLOSED**

25



26

**SPRING
BREAK!
SCHOOL
CLOSED**

29

Cheesy Stuffed Bread
Sticks 🌱
Or Strawberry Banana
Smoothie 🍌
Sweet Corn
Cucumber Coins
Fresh NY Local Apple



30

Nachos Grande 🍌
Fresh Baby Carrots
Sauteed Corn & Black Bean
Salsa
Fresh Banana
Diced Peach Cup



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Food Service Office
631-791-4485
Free \$0.00
Reduced \$0.00
Paid \$3.85

Lunch includes protein ,grain ,vegetable ,fruit and milk choice:
Available Daily
Ham& Cheese or Turkey & Cheese Sandwich ,Hamburger,
Cheeseburger ,Chicken Patty, Bagel Lunch with 2oz cheese stick
, Pizza, Smoothies, and Yogurt Parfait

