

Lunch Menu

Port Jefferson Edna Louise Spear Elementary

April
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1

**SCHOOL
CLOSED
TODAY**

2

Chicken Nuggets
Or Cheeseburger
Steamed Carrots
Chilled Red Pepper Strips
Fresh Orange
Diced Pear Cup



3

Fluffy Whole Grain
Pancakes
With Sausage Patty
Sweet Potato Fries
Cucumber Coins
Mixed Fruit
Fresh Orange



4

Beef Hot Dog on Bun
Or Cheeseburger
Black Beans
Oven Baked Fries
Fresh NY Local Apple
Strawberries

5

Classic Cheese Pizza
Sauteed Spinach
Cucumber Coins
Fresh Banana
Cinnamon Applesauce



8

Cheesy Stuffed Bread
Sticks
With Marinara Sauce
Cauliflower Popcorn
Cucumber Coins
Fresh NY Local Apple



9

Chicken Nuggets
Or Yogurt, Cereal, Cheese
Stick & Roll
Steamed Carrots
Chilled Red Pepper Strips
Fresh Pear
Cinnamon Applesauce

10

Fluffy Whole Grain Waffles
With Ham
Sweet Potato Fries
Cucumber Coins
Fresh Orange
Mixed Fruit



11

Crispy Popcorn Chicken
Or BBQ Chicken Sauce &
Toss
Black Beans
Oven Baked Fries
Diced Peaches
Fresh NY Local Apple



12

Classic Cheese Pizza
Sauteed Spinach
Caesar Salad
Fresh Banana
Cinnamon Applesauce

15

Mozzarella Sticks
Sweet Corn
Fresh Baby Carrots
Fresh NY Local Apple
Cinnamon Applesauce



16

Chicken Nuggets
Or Pizza Bagel
Steamed Carrots
Chilled Red Pepper Strips
Fresh Orange
Diced Pear Cup



17

Fluffy Whole Grain
Pancakes
With Sausage Patty
Sweet Potato Fries
Cucumber Coins
Mixed Fruit
Fresh Orange

LUCKY TRAY DAY!

18

Beef Hot Dog on Bun
Or Crispy Popcorn Chicken
Black Beans
Oven Baked Fries
Mixed Fruit
Fresh NY Local Apple

19

**SCHOOL
CLOSED
TODAY**

22

**SPRING
BREAK!
SCHOOL
CLOSED**

23



24

**SPRING
BREAK!
SCHOOL
CLOSED**

25



26

**SPRING
BREAK!
SCHOOL
CLOSED**

29

Cheesy Stuffed Bread
Sticks
With Marinara Sauce
Cauliflower Popcorn
Cucumber Coins
Fresh NY Local Apple



30

Chicken Nuggets
Or Cheeseburger
Steamed Carrots
Chilled Red Pepper Strips
Fresh Orange
Diced Pear Cup



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Price

Free - \$0.00

Reduced -\$0.00

Paid - \$3.75

Available Daily

Turkey & Cheese, Ham & Cheese, or Cheese Sandwich, Bagel Lunch, Yogurt Lunch, Lunches include Vegetable choice, Fruit or Fruit juice choice and Milk choice FF Chocolate milk or 1%

