

# ROYALS WRESTLING CAMP

## Grades K-6

### 10- one hour training sessions

**5:30-6:30pm on Tuesday:** December 7, 14, 21 January 4, 11, 18, 25 February 1, 8, 22

**Location:** Port Jefferson H.S. Wrestling Room (Underneath the H.S. Tech Ed. Building)

**Equipment:** Shorts, T-Shirt, Wrestling Shoes or Sneakers  
-All campers will receive a free T-Shirt!

**Coaches:** Port Jefferson HS/MS wrestling coaches: Jake Horton, Nick Miceli, Michael Maletta as well as Port Jefferson High School wrestlers

**Registration:** \$100 (\$10 sibling discount)

Go to [MYSCHOOLBUCKS](#) located on the Port Jefferson School District website

Or

Pay via check made out to Port Jefferson School District

Send checks and the registration form below to:

Earl L. Vandermeulen High School

Athletic Office

350 Old Post Rd.

Port Jefferson, NY 11777

or

Email registration form to [mmaletta@portjeffschools.org](mailto:mmaletta@portjeffschools.org)

We will provide expert instruction on the fundamentals, technique and the conditioning of wrestling. The students will have the opportunity to exercise, drill, and execute holds as well as wrestle live. This is a great opportunity for students to develop skills, learn discipline, build confidence and have fun. If you have any questions, please contact Director Michael Maletta at (516) 510-8061 or [mmaletta@portjeffschools.org](mailto:mmaletta@portjeffschools.org)

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Student Last Name \_\_\_\_\_ Student First Name \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian Telephone \_\_\_\_\_ E-Mail \_\_\_\_\_

Camper T-Shirt size (please circle) Adult S - M - L Youth S - M - L