

QUICKSTART TENNIS FITNESS PROGRAM



WITH COACH ALEX



An introduction to tennis for your youngest players ages 4-7 years. Hand-eye coordination, basic movements, cooperation & fun games are all used to teach basic skills. The class is designed to introduce tennis in a fun way to help kids establish a love for the game. Limited enrollment for both classes.

Ages:	4 - 7 yrs
Dates:	Sundays. March 14, 21, 28, April 11
Time:	10am - 11am, ages 4 & 5 11am - 12noon, ages 6 & 7
Fee:	\$50 Resident, \$60 Non-Resident
Instructor:	Coach Alex, PJCC Tennis Manager & PTR Tennis Professional
Register:	Online at www.PortJeff.com
Location:	PJ Village Center



No Equipment needed. We will follow all CDC guidelines