



Program Description:

Quick Start for Beginners is for those who have never picked up a racquet or have only played a few times before. One of the best parts of tennis is getting into a rally with another player. With Quick Start for Adult beginners, our goal is to get you rallying and experiencing this joy. We want you to hit a ton of balls each class, so that you get to experience what a player being in the sport for years has felt and loved about tennis.

Dates: Session 1-Thursdays, January 9,16,23,30. February 6,13
 Session 2-Thursdays, February 27, March 5,12,19,26, April 2

Fee: \$50 PJ resident \$60 Non-resident

Time: 8:00-9:00pm

Instructor: PJCC Director of Tennis & Staff

Location: Spring Street Gym, 118 Spring Street, Port Jefferson

Notes: All equipment provided. Participants should bring a water bottle

Registration: Register on line www.portjeff.com & 631-473-4778 PJ Recreation Department

Program: Quick start Adult Beginner Tennis

Last Name: _____ **First Name:** _____

Address: _____ **Session #:** _____

Home Phone: _____ **Cell Phone:** _____

Email: _____ **Emergency Contact :** _____

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SIGNATURE: _____ **DATE:** _____

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