

# Here to help you cope with COVID...



If you need support coping with the challenges and emotions of COVID-19 we can help. **New Horizon Counseling Center** is now a provider of NY Project Hope, New York State's COVID-19 crisis counseling program. Receive free, confidential, and anonymous emotional support today.

From coping tips to helpful resources, **New Horizon Counseling Center** has teamed up with NY Project Hope, New York State's COVID-19 crisis counseling program to support **NYC, Nassau & Suffolk County** as we cope with COVID-19.

**To Learn More**  
**855-818-HOPE (4673)**  
**WWW.NHCC.US**

**NY Project Hope**  
**Coping with COVID**



A program of the NYS Office of Mental Health  
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