

ROYALS WRESTLING

In Association with U.S.A. Wrestling Association, Inc. &
RaZoR Wrestling Club

COME JOIN THE FUN!

Training begins December 3rd and runs until February 11th

GRADES K-8 Tuesday & Thursday 6:00-7:30

Dates of Practice: December 3,5,10,12,17,19 January 7, 9,14,16,21,23,28,30 February 4,6,11

Equipment: Shorts, T-Shirt, Wrestling Shoes or Sneakers

Coaches: Michael Maletta, Nick Miceli, James Sinclair Port Jefferson USA Wrestling staff, as well as Port Jefferson High School wrestlers

Training Site: Port Jefferson Wrestling Room (Underneath the H.S. Tech Ed. Building)

Registration: **\$160 FOR BOTH DAYS/\$90 FOR ONE DAY** (Second sibling discounts are available)

Make Checks Payable to: ROYALS WRESTLING

Mail to: Michael Maletta

ROYALS WRESTLING

350 Old Post Rd.

Port Jefferson N.Y. 11777

We will provide expert instruction in the fundamentals, technique and the conditioning of wrestling. The students will have the opportunity to exercise, drill, and execute holds as well as wrestle live. During the three month training period they will develop skills, learn discipline, build confidence and have fun. If you have any questions, please call Royal Kid Wrestling Director Michael Maletta at (516) 510-8061.

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Telephone _____ Additional contact _____ E-Mail _____

Grade _____ Years in the Program _____ T-Shirt size (Adult S-M-L/Youth S-M-L)

Family Medical Insurance _____

I hereby give my son/daughter permission to participate in the ROYALS WRESTLING kid program. I also understand the assumption of risk and possibility of injury with the involvement in an athletic sport. In case of an emergency the guardian's medical insurance coverage is responsible first and USA Wrestling is only the secondary coverage. I give my child consent to participate in all activities permitted by the coaches and I am aware that should an accident occur I relieve the coaches of ROYALS WRESTLING of any liability.

Signature of Parent: _____