



# MAY

2018

## Port Jefferson High/Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p><b>More Info...</b></p> <p><b>Available Daily:</b>                      -Cold Cut Sandwiches                      -LF Vanilla Yogurt                      Fruit Parfait                      -4 oz. Juice                      -Baby Carrots or Cucumber Slices                      -Green Salad                      -Assorted Fruit                      -Pizza                      -Chic Patty/Bun                      -Burgers</p> <p><b>Milk Choice:</b>                      -1% White Milk                      -Fat Free Chocolate</p> <p><b>Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines.</b></p> <p>-Meat/Meat Alternative                      -Whole Grain item                      -Fruit choice                      -Vegetable choice                      -Milk choice</p> <p><b>Grades K-12 must chose at least 3, up to 5, of the above mentioned food items. One of the choices MUST be a fruit or a vegetable.</b></p> <p><b>*Please note ham is a pork product.*</b></p>
	<b>1</b> Popcorn Chicken Meatball Hero Broccoli	<b>2</b> French Toast w/ Sausage Pizza Sticks w/ Marinara Sauce Green Beans	<b>3</b> Chicken Parm Pasta w/ Sauce Vegetarian Beans	<b>4</b> Bacon Burger Specialty Pizza Carrots	
<b>7</b> BBQ Pork Riblet on WG Bun Chicken Nuggets Corn	<b>8</b> Bacon/Egg/Cheese Sandwich General Tso Chicken Rice Broccoli	<b>9</b> Waffles w/ Sausage Pizza Max Sticks w/ Marinara Sauce Green Beans	<b>10</b> Mac & Cheese Corn Dog Vegetarian Beans	<b>11</b> Philly Cheese Steak Roasted Chicken Mashed Potatoes Carrots	
<b>14</b> Chicken Nuggets BBQ Chicken Melt on WG Bun Corn	<b>15</b> Popcorn Chicken Meatball Hero Broccoli	<b>16</b> French Toast w/ Sausage Pizza Sticks w/ Marinara Sauce Green Beans	<b>17</b> Chicken Parm Pasta w/ Sauce Vegetarian Beans	<b>18</b> Bacon Burger Specialty Pizza Carrots	
<b>21</b> BBQ Pork Riblet on WG Bun Chicken Nuggets Corn	<b>22</b> Bacon/Egg/Cheese Sandwich General Tso Chicken Rice Broccoli	<b>23</b> Waffles w/ Sausage Pizza Max Sticks w/ Marinara Sauce Green Beans	<b>24</b> Mac & Cheese Corn Dog Vegetarian Beans	<b>25</b> Philly Cheese Steak Roasted Chicken Mashed Potatoes Carrots	
<b>28</b>  <b>NO SCHOOL</b>	<b>29</b> Popcorn Chicken Meatball Hero Broccoli	<b>30</b> French Toast w/ Sausage Pizza Sticks w/ Marinara Sauce Green Beans	<b>31</b> Chicken Parm Pasta w/ Sauce Vegetarian Beans		

Meal Price: \$3.10      Reduced Price: \$.25      Adult Lunch Price: \$3.85+tax  
 Milk \$.60      **PREPAID LUNCHES AVAILABLE**

Free & Reduced eligibility will be carried over from the 2016-2017 school year through September 2017. A new application must be filled out prior to October 17, 2017 in order for eligibility to continue through the 2017-2018 school year. Available funds remaining in your Nutrikids /My School Bucks account as of June 2017 will be carried over to the 2017-2018 school year. All negative balances remaining as of June 2017 should be paid immediately.

Menus are subject to change without notice.

