



March

2018


Port Jefferson High/Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1 Mac & Cheese Hot Dog Vegetarian Beans	2 Philly Cheese Steak Roasted Chicken Mashed Potato Carrots	More Info... Available Daily: -Cold Cut Sandwiches -LF Vanilla Yogurt Fruit Parfait -4 oz. Juice -Baby Carrots or Cucumber Slices -Green Salad -Assorted Fruit -Pizza -Chic Patty/Bun -Burgers Milk Choice: -1% White Milk -Fat Free Chocolate Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines. -Meat/Meat Alternative -Whole Grain item -Fruit choice -Vegetable choice -Milk choice Grades K-12 must chose at least 3, up to 5, of the above mentioned food items. One of the choices MUST be a fruit or a vegetable. *Please note ham is a pork product.*
5 Chicken Nuggets BBQ Chicken Melt on WG Bun Corn	6 Spicy Popcorn Chicken Meatball Hero Broccoli	7 French Toast w/ Sausage Patties Pizza Max Sticks w/ Marinara Sauce Green Beans	8 Chicken Parm Pasta w/ Sauce Vegetarian Beans	9 Bacon Burger Specialty Pizza Carrots	
12 BBQ Pork Riblet on WG Bun Chicken Nuggets Corn	13 Ham & Cheese Melt General Tso Chicken Rice Broccoli	14 Dutch Waffle w/ Sausage Patties Mozzarella Sticks w/ Marinara Sauce Green Beans	15 Mac & Cheese Corn Dog Vegetarian Beans	16 Philly Cheese Steak Roasted Chicken Mashed Potato Carrots	
19 Chicken Nuggets BBQ Chicken Melt on WG Bun Corn	20 Spicy Popcorn Chicken Meatball Hero Broccoli	21 French Toast w/ Sausage Patties Pizza Max Sticks w/ Marinara Sauce Green Beans	22 Chicken Parm Pasta w/ Sauce Vegetarian Beans	23 Bacon Burger Specialty Pizza Carrots	
26 BBQ Pork Riblet on WG Bun Chicken Nuggets Corn	27 Ham & Cheese Melt General Tso Chicken Rice Broccoli	28 Waffles w/ Sausage Patties Mozzarella Sticks w/ Marinara Sauce Green Beans	29 Mac & Cheese Hot Dog Vegetarian Beans	30 NO SCHOOL	

Meal Price: \$3.10 Reduced Price: \$.25 Adult Lunch Price: \$3.85+tax
 Milk \$.60 **PREPAID LUNCHES AVAILABLE**

Free & Reduced eligibility will be carried over from the 2016-2017 school year through September 2017. A new application must be filled out prior to October 17, 2017 in order for eligibility to continue through the 2017-2018 school year. Available funds remaining in your Nutrikids /My School Bucks account as of June 2017 will be carried over to the 2017-2018 school year. All negative balances remaining as of June 2017 should be paid immediately.

Menus are subject to change without notice.



This institution is an equal opportunity provider.