



2018

# June

## Port Jefferson High/Middle School Lunch Menu

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | <p><b>More Info...</b></p> <p><b>Available Daily:</b></p> <ul style="list-style-type: none"> <li>-Cold Cut Sandwiches</li> <li>-LF Vanilla Yogurt</li> <li>Fruit Parfait</li> <li>-4 oz. Juice</li> <li>-Baby Carrots or Cucumber Slices</li> <li>-Green Salad</li> <li>-Assorted Fruit</li> <li>-Pizza</li> <li>-Chic Patty/Bun</li> <li>-Burgers</li> </ul> <p><b>Milk Choice:</b></p> <ul style="list-style-type: none"> <li>-1% White Milk</li> <li>-Fat Free Chocolate</li> </ul> <p><b>Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines.</b></p> <ul style="list-style-type: none"> <li>-Meat/Meat Alternative</li> <li>-Whole Grain item</li> <li>-Fruit choice</li> <li>-Vegetable choice</li> <li>-Milk choice</li> </ul> <p><b>Grades K-12 must chose at least 3, up to 5, of the above mentioned food items. One of the choices MUST be a fruit or a vegetable.</b></p> <p><b>*Please note ham is a pork product.*</b></p> |
|---|--|--|---|--|--|
|   |  |  |   | <p><b>1</b></p> <p>Bacon Burger<br/>Specialty Pizza<br/>Carrots</p>                        |  |
| <p><b>4</b></p> <p>BBQ Pork Riblet on WG Bun<br/>Chicken Nuggets<br/>Corn</p> | <p><b>5</b></p> <p>Bacon/Egg/Cheese Sandwich<br/>General Tso Chicken<br/>Rice<br/>Broccoli</p> | <p><b>6</b></p> <p>Dutch Waffle<br/>Pizza Max Sticks w/ Marinara Sauce<br/>Green Beans</p> | <p><b>7</b></p> <p>Mac &amp; Cheese<br/>Corn Dog<br/>Vegetarian Beans</p> | <p><b>8</b></p> <p>Specialty Pizza<br/>Roasted Chicken<br/>Mashed Potatoes<br/>Carrots</p> |  |
| <p><b>11</b></p> <p>Chicken Nuggets<br/>Quesadilla<br/>Corn</p>               | <p><b>12</b></p> <p>Popcorn Chicken<br/>Meatball Hero<br/>Broccoli</p>                         |  |   |  |  |
| <p><b>ENJOY A HAPPY AND SAFE SUMMER!</b></p>                                  |  |  |   |  |  |
|   |  |  |   |  |  |

Meal Price: \$3.10      Reduced Price: \$.25      Adult Lunch Price: \$3.85+tax  
Milk \$.60      **PREPAID LUNCHESES AVAILABLE**

Free & Reduced eligibility will be carried over from the 2016-2017 school year through September 2017. A new application must be filled out prior to October 17, 2017 in order for eligibility to continue through the 2017-2018 school year. Available funds remaining in your Nutrikids /My School Bucks account as of June 2017 will be carried over to the 2017-2018 school year. All negative balances remaining as of June 2017 should be paid immediately.

Menus are subject to change without notice.



This institution is an equal opportunity provider.