



2018 February

Port Jefferson High/Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>More Info...</p> <p>Available Daily: -Cold Cut Sandwiches -LF Vanilla Yogurt Fruit Parfait -4 oz. Juice -Baby Carrots or Cucumber Slices -Green Salad -Assorted Fruit -Pizza -Chic Patty/Bun -Burgers</p> <p>Milk Choice: -1% White Milk -Fat Free Chocolate</p> <p>Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines.</p> <p>-Meat/Meat Alternative -Whole Grain item -Fruit choice -Vegetable choice -Milk choice</p> <p>Grades K-12 must chose at least 3, up to 5, of the above mentioned food items. One of the choices MUST be a fruit or a vegetable.</p> <p>*Please note ham is a pork product.*</p>
			1 Mac & Cheese Hot Dog Vegetarian Beans	2 Philly Cheese Steak Popcorn Chicken Carrots	
5 Chicken Nuggets BBQ Chicken Melt on WG Bun Corn	6 Boneless Buffalo Wings Meatball Hero Broccoli	7 French Toast w/ Sausage Patties Pizza Max Sticks w/ Marinara Sauce Green Beans	8 Chicken Quesadilla Pasta w/ Sauce Vegetarian Beans	9 Bacon Burger Specialty Pizza Carrots	
12 BBQ Pork Riblet on WG Bun Chicken Nuggets Corn	13 Ham & Cheese Melt General Tso Chicken Rice Broccoli	14 Dutch Waffle w/ Sausage Patties Mozzarella Sticks w/ Marinara Sauce	15 Mac & Cheese Corn Dog Vegetarian Beans	16 Philly Cheese Steak Roasted Chicken Mashed Potatoes	
19 20 21 22 23 NO SCHOOL – Mid Winter Recess					
26 BBQ Pork Riblet on WG Bun Chicken Nuggets Corn	27 Ham & Cheese Melt General Tso Chicken Rice Broccoli	28 Dutch Waffle w/ Sausage Patties Mozzarella Sticks w/ Marinara Sauce			

Meal Price: \$3.10 Reduced Price: \$.25 Adult Lunch Price: \$3.85+tax
 Milk \$.60 **PREPAID LUNCHES AVAILABLE**

Free & Reduced eligibility will be carried over from the 2016-2017 school year through September 2017. A new application must be filled out prior to October 17, 2017 in order for eligibility to continue through the 2017-2018 school year. Available funds remaining in your Nutrikids /My School Bucks account as of June 2017 will be carried over to the 2017-2018 school year. All negative balances remaining as of June 2017 should be paid immediately.

Menus are subject to change without notice.