



2017 December

Port Jefferson High/Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>More Info...</p> <p>Available Daily: -Cold Cut Sandwiches -LF Vanilla Yogurt Fruit Parfait -4 oz. Juice -Baby Carrots or Cucumber Slices -Green Salad -Assorted Fruit -Pizza -Chic Patty/Bun -Burgers</p> <p>Milk Choice: -1% White Milk -Fat Free Chocolate</p> <p>Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines.</p> <p>-Meat/Meat Alternative -Whole Grain item -Fruit choice -Vegetable choice -Milk choice</p> <p>Grades K-12 must chose at least 3, up to 5, of the above mentioned food items. One of the choices MUST be a fruit or a vegetable.</p> <p><small>*Please note ham is a pork product.*</small></p>
				1 Bacon Burger Specialty Pizza Carrots	
4 BBQ Pork Riblet on WG Bun Chicken Nuggets Corn	5 Ham & Cheese Melt General Tso Chicken Rice Broccoli	6 Dutch Waffle w/ Sausage Patties Pizza Max Sticks w/ Marinara Sauce Peas	7 Mac & Cheese Corn Dog Vegetarian Beans	8 Stromboli Roasted Chicken Mashed Potato Carrots	
11 Chicken Nuggets BBQ Chicken Melt Corn	12 Boneless Buffalo Wings Meatball Hero Broccoli	13 WG French Toast w/ Sausage Patties Pizza Max Sticks w/ Marinara Sauce Green Beans	14 Chicken Parm on WG Bun Pasta w/ Sauce Vegetarian Beans	15 Bacon Burger Specialty Pizza Carrots	
18 BBQ Pork Riblet on WG Bun Chicken Nuggets Corn	19 Ham & Cheese Melt General Tso Chicken Rice Broccoli	20 Dutch Waffle w/ Sausage Patties Pizza Max Sticks w/ Marinara Sauce Peas	21 Mac & Cheese Corn Dog Vegetarian Beans	22 Philly Cheese Steak Sandwich Roasted Chicken Mashed Potato Carrots	
25	26	27	28	29	
<p>NO SCHOOL – Winter Recess</p>					

Meal Price: \$3.10 Reduced Price: \$.25 Adult Lunch Price: \$3.85+tax
 Milk \$.60 PREPAID LUNCHES AVAILABLE

Free & Reduced eligibility will be carried over from the 2016-2017 school year through September 2017. A new application must be filled out prior to October 17, 2017 in order for eligibility to continue through the 2017-2018 school year. Available funds remaining in your Nutrikids /My School Bucks account as of June 2017 will be carried over to the 2017-2018 school year. All negative balances remaining as of June 2017 should be paid immediately.

Menus are subject to change without notice.

